

High Functioning Respectful Teams (HFRT)

ACCESS Programs has developed its own unique workshop to move troubled and conflict riddled teams to high functioning respectful teams. Through this brief facilitated group process, teams learn how to work together in a harmonious and respectful environment. Productivity goes up, along with job satisfaction and stress reduction for managers.

Activity	Focus
Welcome, introduction and background information	Purpose and nature of the session/Respectful Behaviour/Code of Conduct/Quality Care through Mutual Respect
Exercise A (worksheet)	Personal reflection/my place on the team/preferred workplace environment
Exercise B (worksheet)	Personal workplace values / development of a shared team philosophy around core values
Break	
Exercise C (worksheet)	Team norms
Exercise D (facilitated group discussion)	Communication/ resolution of conflicts
Closing reflections	The challenge from here/commitment

The usual High Functioning Respectful Team workshop is three (3) hours in length.

Partnership for Organisational and Individual Wellbeing
 Contact ACCESS Programs on 8215 6799 or 1300 66 77 00

Information on our services can be found at www.accesssa.com.au



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