



FITNESS FOR WORK SUPPORT SERVICES

ACCESS Programs is able to provide various support services for organisations in relation to fitness for work issues, including drug and alcohol. ACCESS Programs offers a range of pathways at an individual level. Group training may also be provided. Services will be provided in partnership with Centacare Drug and Alcohol Service.

- **Consultancy** in relation to the development of organisational policies and procedures;
- Staff and management **briefing sessions and training**;
- Following a positive test, an **assessment process** by a skilled and experienced social worker and drug and alcohol nurse. The assessment is supported through the use of the Alcohol, Smoking and Substance Involvement Screening Test (ASSIST) which was developed for the World Health Organization (WHO).
- This process may lead to the following:
 - **Coaching and support** utilising methodologies such as motivational interviewing and cognitive behavioural therapy (CBT). Support in person or by telephone will be provided.
 - **In home detoxification.** This service is provided subject to a range of criteria being met. It is supported by the Centacare drug and alcohol nurse in consultation with the client's General Practitioner. Detoxification may also be conducted externally at the appropriate facility.
 - **Relapse Prevention.** Methodologies such as CBT may be used by the social worker. Where appropriate, links will be formed with bodies such as Alcoholics Anonymous or Narcotics Anonymous. Phone support will also be provided, as well as liaison with the client's General Practitioner

The cost of the above services and the number of hours to be provided will be negotiated at the outset. Any change will be agreed before further work is performed.

Partnership for organisational & individual wellbeing

Contact ACCESS Programs on 8210 8102 or 1300 66 77 00